OB/GYN Grand Rounds

CME credit provided by The University of Arizona College of Medicine - Tucson

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“Sleep Alertness and Fatigue Education in Residency"

Auditorium 8403 & via Zoom
https://arizona.zoom.us/j/82800875040
Meeting ID: 828 0087 5040 Password: 265663

7:00 - 8:00 AM

Wednesday, August 16, 2023

Outcome Objectives:
1. To provide an introduction to the science of sleep and the effects of sleep deprivation.
2. To understand competing demands, work-related stresses and unique challenges during residency.
3. To provide suggestions that may be implemented for management of fatigue during residency.
4. To help residents and faculty apply knowledge of these processes in order to maintain appropriate fatigue mitigation practices and improve well-being.

Target Audience: Physicians, residents, registered nurses, students, and other healthcare providers.

Methodology: Grand Round Live Lecture

Accreditation Statement: The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement(s): All Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.