Nutrition and Colorectal Cancer: Planting Seeds for Survival

This presentation will review the literature on modifiable nutrition and dietary factors associated with cancer survival, discuss key physiological/biological mechanisms by which diet modulates survival and review the American Cancer Society 2021 (pending) Nutrition, Diet and Physical Activity Guideline.

March 9th, 2022
1:00 - 2:00 PM
Register Here:

Cynthia Thomson, PhD,
RDN

Dr. Cynthia Thomson, PhD, RDN leads a multidisciplinary research program in cancer prevention research focusing on lifestyle behaviors, cancer prevention and survivorship. Her translational research program integrates novel interventions including mobile health technologies and delivery systems, as well as behavioral theory and cancer-relevant biomarker research to advance understanding of optimal health behaviors to improve health after a cancer diagnosis. Her research predominantly focuses on obesity-related cancers (breast, ovarian, colorectal cancer) and includes dissemination and implementation science to expand the impact of her evidence-based research.