



THE UNIVERSITY OF ARIZONA HEALTH SCIENCES  
Student Engagement  
& Career Advancement



# Health Sciences Pathways to Success

## Speaker Series



## Food and Mood

Feed your gut, feed your brain, and ultimately feed your mood! Join us with Cindy Davis, MPH, RDN, for this 30-minute presentation to find out how what you eat and do supports your disposition.

**Date: Thursday, March 26, 2026**

**Time: 10:00 - 11:00 am**

**Location: Virtual Via Zoom**

### Cindy Davis, MPH, RDN

Specialist, Employee Health and Wellness  
Promotion  
Human Resources, Life & Work Connections

#### More Information

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 [healthsciences.arizona.edu/outreach/student-engagement-and-career-advancement](https://healthsciences.arizona.edu/outreach/student-engagement-and-career-advancement)



<https://tinyurl.com/UAHS-Davis>