THE UNIVERSITY OF ARIZONA
COLLEGE OF MEDICINE TUCSON
Department of Medicine

Medicine Grand Rounds

"Unraveling Ancestry-Based Gene-Diet Interactions Driving Health Disparities in Inflammation, Cardiovascular Disease, and Diabetes"

Speaker: **Floyd H. Chilton, PhD**

UArizona College of Medicine – Tucson
Lecture Hall, Room 5403
1501 N. Campbell Ave., Tucson, AZ 85721
Noon – 1:00 pm | Wednesday, Sept 17, 2025

— A light lunch will be provided. —

About the Presenter: Dr. Floyd H. Chilton is a nationally recognized expert in nutrition, health, and medicine with a mission to reduce suffering and improve lives through science. Over a 38-year career, he has published more than 170 scientific papers, holds over 15 patents, and has founded six companies and one nonprofit focused on advancing human health. Currently a professor and director at the University of Arizona College of Medicine, Dr. Chilton is a pioneer in personalized and predictive nutrition, studying how diet and genetics interact to influence disease. Backed by nearly four decades of continuous NIH funding, he was recently awarded a $3.9 million NIH grant to lead a major clinical trial on cardiovascular health. His work bridges scientific discovery and real-world application, earning widespread recognition across academia and industry.

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Livestream link: **https://streaming.biocom.arizona.edu/streaming/30961/event**
Zoom link: **https://arizona.zoom.us/j/84513372985**

Accreditation Statement: The University of Arizona College of Medicine – Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The college designates this live activity for a maximum of *1 AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement: All Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they have no financial relationships with ineligible companies that would constitute a conflict of interest concerning this CME activity.

Learning Objectives:

1. Diagnose a variety of internal medicine illnesses
2. Understand more clearly advances in therapy
3. Become truly professional physicians

For questions or accommodations that may be necessary, please contact the Office of the Chair, 520-626-7174.