

# Medicine Grand Rounds

## *“The Story of Whole Person Health”*

Speaker: **Helene M. Langevin, MD**

UArizona College of Medicine – Tucson

**Lecture Hall, Room 5403**

1501 N. Campbell Ave., Tucson, AZ 85721

**Noon – 1:00 pm | Wednesday, Dec 10, 2025**

*— A light lunch will be provided. —*

**About the Presenter:** Dr. Helene Langevin is director of the National Center for Complementary and Integrative Health (NCCIH) at the National Institutes of Health (NIH), where she leads the federal government’s research efforts on the fundamental science, efficacy, and safety of complementary and integrative health approaches. Her work supports the development of evidence-based strategies to improve health and health care. Dr. Langevin’s research has focused extensively on the role of connective tissue in chronic musculoskeletal pain and on the mechanisms underlying acupuncture, manual, and movement-based therapies. More recently, her work has explored the effects of stretching on inflammation resolution in connective tissue.



[\*\*READ MORE ►►►\*\*](#)

Livestream link: <https://streaming.biocom.arizona.edu/streaming/30972/event>

Zoom link: <https://arizona.zoom.us/j/84513372985>

---

**Accreditation Statement:** The University of Arizona College of Medicine – Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The college designates this live activity for a maximum of *1 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure Statement:** All Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they have no financial relationships with ineligible companies that would constitute a conflict of interest concerning this CME activity.

**Learning Objectives:**

1. Diagnose a variety of internal medicine illnesses
2. Understand more clearly advances in therapy
3. Become truly professional physicians