



THE UNIVERSITY OF ARIZONA
COLLEGE OF MEDICINE TUCSON

Department
of Medicine

Medicine Grand Rounds

“Ageism: The disease you didn’t know you had.”

Speaker: **Colleen Christmas, MD**

UArizona College of Medicine – Tucson

Lecture Hall, Room 5403

1501 N. Campbell Ave., Tucson, AZ 85721

Noon – 1:00 pm | Wednesday, Mar 18, 2026

– A light lunch will be provided. –

About the Presenter: Dr. Christmas is an Associate Professor of Medicine at the Johns Hopkins University School of Medicine with over 30 years of experience in geriatric primary care and medical education. She completed a three-year geriatrics fellowship at Johns Hopkins in 1999 and served as full-time faculty from 1999–2025, transitioning to adjunct faculty in 2026. She has held multiple leadership roles, including Residency Program Director for the Johns Hopkins Bayview Internal Medicine Residency (2003–2015), faculty in the Colleges Advising Program (2016–2025), and founder and director of the Primary Care Leadership Track (2014–2025). Dr. Christmas is the Governor of the Maryland Chapter of the American College of Physicians and Chair-elect of the ACP National Board of Governors, with nationally recognized scholarship and awards in geriatrics and medical education.



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Livestream link: <https://streaming.biocom.arizona.edu/streaming/30989/event>

Zoom link: <https://arizona.zoom.us/j/84513372985>

Accreditation Statement: The University of Arizona College of Medicine – Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The college designates this live activity for a maximum of *1 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement: All Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they have no financial relationships with ineligible companies that would constitute a conflict of interest concerning this CME activity.

Learning Objectives:

1. Diagnose a variety of internal medicine illnesses
2. Understand more clearly advances in therapy
3. Become truly professional physicians

For questions or accommodations that may be necessary, please contact the Office of the Chair, 520-626-7174.