



THE UNIVERSITY OF ARIZONA
COLLEGE OF MEDICINE TUCSON

Department
of Medicine

Medicine Grand Rounds

“Chronic Diseases of Aging in an Evolutionary Context”

Speaker: **Benjamin Trumble, MD, MSc**

University of Arizona College of Medicine – Tucson

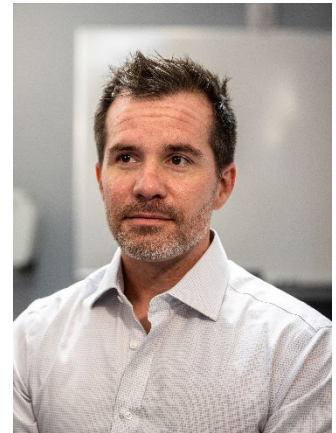
Lecture Hall, Room 5403

1501 N. Campbell Ave., Tucson, AZ 85721

Noon – 1:00 pm | Wednesday, May 20, 2026

– A light lunch will be provided. –

About the Presenter: Dr. Ben Trumble is a professor in the School of Human Evolution and Social Change and a faculty member in the Center for Evolution & Medicine and the Institute of Human Origins at Arizona State University. His research focuses on chronic diseases of aging, examining how our evolutionary past shapes human health today. He combines field and laboratory studies to investigate global variation in aging, with particular attention to how genes, hormones, and the immune system interact with lifestyle factors to influence disease risk. Dr. Trumble works extensively with traditional subsistence populations that experience some of the world’s lowest rates of heart disease and Alzheimer’s dementia, seeking to identify protective factors that may help prevent these conditions in industrialized societies. He earned his PhD (2012) and MSc (2009) in Anthropology from the University of Washington, and his BA (2006) in Anthropology and Psychology from the University of California – Santa Barbara.



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Livestream link: <https://streaming.biocom.arizona.edu/streaming/30997/event>

Zoom link: <https://arizona.zoom.us/j/84513372985>

Accreditation Statement: The University of Arizona College of Medicine – Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The college designates this live activity for a maximum of *1 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement: All Faculty, CME Planning Committee Members, and the CME Office Reviewers have disclosed that they have no financial relationships with ineligible companies that would constitute a conflict of interest concerning this CME activity.

Learning Objectives:

1. Diagnose a variety of internal medicine illnesses
2. Understand more clearly advances in therapy
3. Become truly professional physicians