



THE UNIVERSITY OF ARIZONA
College of Medicine
Tucson

MINI MEDICAL SCHOOL

MENTAL HEALTH 101

MEDICAL EXPERTS WILL EXPLORE THE IMPACT OF SLEEP ON MENTAL WELL-BEING, NATIONAL TRENDS IN BEHAVIORAL HEALTH CRISES, AND MATERNAL MENTAL HEALTH IN THREE 25-MINUTE TALKS.



Insomnia and Sleep Health

Michael Grander, PhD
Associate Professor, Psychiatry



*National Trends in Behavioral Health Crisis Care:
How Tucson is Leading the Way*

Margie Balfour, MD
Associate Professor, Psychiatry



Maternal Mental Health

Kathryn Emerick, MD
Assistant Professor, Psychiatry

SATURDAY, MARCH 9
8:30 A.M. - NOON

Health Sciences Innovation Building
1670 E. Drachman St., Tucson, AZ 85721

- Interactive Q & A session
- Complimentary coffee and lunch
- Free parking in Lot 2012

**REGISTER
HERE** >>



Virtual Options Available
medicine.arizona.edu