

Rheumatology Grand Rounds

CME Credit provided by The University of Arizona College of Medicine – Tucson

Friday, January 16th, 2026

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“Why so itchy: Understanding and approaching itch in a rheum- derm patient”

Rheumatology Grand Rounds: 9:00 – 10:00 AM

ZOOM Videoconference

Join from PC, Mac, Linux, iOS or Android: <https://arizona.zoom.us/j/86483330475>

Learning Objectives: Participants should be able to:

1. Describe the neuro-immune mechanisms by which aging and systemic inflammatory diseases contribute to chronic pruritus in older adults.
2. Differentiate inflammatory, neuropathic, systemic, and medication-related causes of itch in patients with rheumatologic disease, using a practical diagnostic framework.
3. Apply evidence-based, steroid-sparing strategies to manage chronic itch in older adults with rheumatologic conditions, emphasizing interdisciplinary care with dermatology.

Target Audience: Physicians and other healthcare providers

Methodology: Grand Rounds Lecture

Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity

Relevant Financial Relationships Statement(s):

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Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Ernest Vina, MD, MS	Activity Director	Nothing to disclose – 10/17/2025
Daniel Butler, MD	Faculty	Consulting Fee-Leo Advisor-True Botanicals Grant or research support-AbbVie (Any division) Grant or research support-Pfizer (Any division) Speakers Bureau-Galderma (Any division) Speakers Bureau-Sanofi S.A. - 12/12/2025



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If you have any questions, please contact the Division of Rheumatology at 626-4111.