Dr. Garcia will discuss his academic and professional journey. This will include his experiences as a student, including ups and downs (the things no one wants to talk about). He will also highlight his work at the University of Arizona as Director of “Nosotros Comprometidos a Su Salud”, a program developed to support research through community service and partnering with underserved Tucson residents. In this role, he is examining the burden of obesity-related disease and cancers, such as non-alcoholic fatty liver disease and hepatocellular carcinoma, in Mexican-Origin adults.

Dr. Garcia is an Assistant Professor in the Mel and Enid Zuckerman College of Public Health at the University of Arizona. He has extensive experience in short and long-term intervention trials in the areas of physical activity, diet, and weight management. He received his training from leading institutions and mentors in the field. Since 2006, Dr. Garcia has worked on numerous funded research projects, including research funded by industry, National Institutes of Health (NIH) and foundations. This includes working as a lifestyle interventionist/exercise physiologist in several clinical trials with overweight and obese adults, morbidly obese adults (Class II and III obesity), and individuals with type 2 diabetes.

Imagination Will Take You Everywhere

September 9, 2021
1:00 - 2:00 PM
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David O Garcia, PhD, FACSM