Telemedicine
Clinical care services provided by a medical doctor to a geographically distant patient, or the patient’s local care team, via telecommunications technologies.

mHealth
The World Health Organization defines mHealth, or mobile health, as "medical and public health practice supported by mobile devices, such as mobile phones, patient monitoring devices, personal digital assistants and other wireless devices."

Telehealth
Used interchangeably with telemedicine, this allows patients to communicate with health care providers using technology instead of physically visiting a hospital, clinic or doctor’s office. It allows discussion between a patient and provider in real time using audio, video, online portals and email.

Digital Health
The broad scope of digital health includes categories such as mHealth, health IT, wearable devices, diagnostics monitoring, telehealth and telemedicine, and related artificial intelligence (AI) and personalized medicine applications, according to the U.S. Food and Drug Administration.